

Irving Recreation Center Day Camp Newsletter

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Pack a sack lunch for your child in an insulated container. Microwave use will not be an option.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your camper's name.

Do not hesitate to ask when you have questions or comments.

Contact Us

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Grades K-2

WATER WEEK!

This week we'll be having lots of water games and activities. Please make sure to send your camper with a swimsuit, towel, and either an extra pair of tennis shoes that can get wet or water shoes.

THIS WEEK'S HIGHLIGHTS

Monday

In the morning we will be doing clubs. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

Tuesday

In the morning we will be playing active and inactive games. From 10:45-11:30 we will be having our first tennis lesson taught by an instructor from Woods Tennis and our very own specially trained assistant instructors on staff. In the afternoon we will be having WATER DAY! All the activities will be played with water so please send your camper with a swimsuit or a change of clothes. We will be running around so water shoes or an extra pair of tennis shoes would be best.

Wednesday

In the morning we will be playing active games. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

Thursday

In the morning we will be playing active games. In the afternoon we'll be doing a Project Wild activity. We'll leave for our field trip to Trago Park Sprayground at 1:30 and return at 3:30. Send your campers with a swimsuit, towel, and closed toed shoes that you don't mind getting wet.

Friday

In the morning we'll be doing a character lesson, club, and tennis from 10:00-11:30. In the afternoon we'll be walking to the library and playing inactive games. Please send your camper with a library card if you would like them to check out a book.

Fitness Focus: Muscular Endurance

-Alexa, K-2 Camp Director